



Year 3 Autumn 1 Topic: Through the Ages Science: Biology Animal Nutrition and the Skeletal System

Previous learning

In Year 2, children learnt about the growth in animals by exploring the life cycles of some familiar animals. They built on learning about the survival of humans by identifying the basic needs of animals for survival, including food, water, air and shelter. Pupils learnt about the importance of exercise, and that we must eat the right amounts of different types of food, and have good hygiene.

This project teaches children further about the importance of nutrition for humans and other animals. They learn about the role of a skeleton and muscles and identify animals with different types of skeletons.

Substantive Knowledge in Science		Disciplinary knowledge in Science
Animals cannot make their own food and need to get nutrition from the food they eat.		Ask relevant questions and use different types of scientific enquiries to answer them.
		Set up simple practical enquiries, comparative and fair tests.
Carnivores get their nutrition from eating other animals. Herbivores get their nutrition from plants. Omnivores get their nutrition from eating a combination of both plants and other animals. A balanced diet contains the right proportions of foods from 5 different food groups: fruit, vegetable, carbohydrates, protein and dairy. A skeleton is a frame of bones that supports the body and gives it shape. A joint is a place where two or more bones meet and connect.		Make systematic and careful observations and, where appropriate, take accurate measurements using standard units, using a range of equipment, including thermometers and data loggers.
		Gather, record, classify and present data in a variety of ways to help in answering questions.
		Record findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables.
		Report on findings from enquiries, including oral and written explanations, displays or presentations of results and conclusions.
		Use results to draw simple conclusions, make predictions for new values, suggest improvements and raise further questions.
		Identify differences, similarities or changes related to simple scientific ideas and processes.
		Use straightforward scientific evidence to answer questions or to support their findings
Lesson 1	Asking questic	ons
	• To unde and sur	erstand that nutrition allows plants and animals to grow, stay healthy, vive.
Lesson 2	Balanced and nutritious	
	To explain the importance and characteristics of a healthy, balanced diet.	
Lesson 3	Investigating fa	atty foods
	To test	to compare the fattiness of different foods

Lesson 4	Animal diets	
	 To describe how and why animals' diets change over the year. 	
Lesson 5	Bones	
	• To learn more about the major bones and their important functions.	
Lesson 6	Joints investigation	
	 To understand the parts of a joint and what they are for. 	
Vocabulary		
joint, cartilage, synovial fluid and ligaments, Major bones: skull, ribs, spine, humerus, ulna, radius, pelvis, femur, tibia, fibula, nutrition, carbohydrates, protein, fats, sugar, dairy, fruit and vegetables, balanced diet, energy		

Year 3 Autumn 2 Topic: Through the Ages Science: Biology Animal Nutrition and the Skeletal System

Previous learning

In Year 2, children learnt about the growth in animals by exploring the life cycles of some familiar animals. They built on learning about the survival of humans by identifying the basic needs of animals for survival, including food, water, air and shelter. Pupils learnt about the importance of exercise, and that we must eat the right amounts of different types of food, and have good hygiene.

This project teaches children further about the importance of nutrition for humans and other animals. They learn about the role of a skeleton and muscles and identify animals with different types of skeletons.

Substantive Knowledge in Science	Disciplinary knowledge in Science
Muscles are soft tissues made up of many	Ask relevant questions and use different types of scientific enquiries to answer them.
stretchy fibres. They allow humans to move, breathe and digest food.	Set up simple practical enquiries, comparative and fair tests.
There are three main types of muscle in the human body: smooth muscle, skeletal muscle	Make systematic and careful observations and, where appropriate, take accurate measurements using standard units, using a range of equipment, including thermometers and data loggers.
and cardiac muscle.	Gather, record, classify and present data in a variety of ways to help in answering questions.
Major muscle groups in the human body include the biceps, triceps, and abdominals.	Record findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables.
	Report on findings from enquiries, including oral and written explanations, displays or presentations of results and conclusions.
	Use results to draw simple conclusions, make predictions for new values, suggest improvements and raise further questions.
	Identify differences, similarities or changes related to simple scientific ideas and processes.
	Use straightforward scientific evidence to answer questions or to support their findings.

Lesson 1	Muscles
	 To describe the different types of muscles which are used for support, protection and movement.
Lesson 2	Skeleton types
	 To know the different skeleton types and the advantages and disadvantages of each.
Lesson 3	Investigation
	 To ask relevant questions and use different types of scientific enquiries to answer them.
Lesson 4	Research
	 To name and find reliable sources of information, including books and websites.
Lesson 5	Data
	 To gather, record, classify and present data in a variety of ways to help in answering questions.
Lesson 6	Conclusions
	 To draw conclusions from their research or investigation and to answer their initial question.
	Vocabulary
	artilage, synovial fluid and ligaments, Major bones: skull, ribs, spine, humerus, ulna, adius, pelvis, femur, tibia, fibula, nutrition, carbohydrates, protein, fats, sugar, dairy, fruit and vegetables, balanced diet, energy

Year 3 Spring 1 Topic: Rocks, Relics and Rumbles Science: Chemistry Rocks		
Previous learning		
In Year 2, the children learnt that a material's physical properties make it suitable for particular purposes and that many materials are used for more than one purpose. This project teaches children about the features and characteristics of Earth's layers, including a detailed exploration of volcanic, tectonic and seismic activity.		
Substantive Knowledge in Science	Disciplinary knowledge in Science	
Sedimentary rocks are often soft, permeable, and have layers and may contain fossils.	Ask relevant questions and use different types of scientific enquiries to answer them. Set up simple practical enquiries, comparative and fair tests.	

		Make systematic and careful observations and, where appropriate, take accurate
Igneous rocks are usually hard, shiny and contain visible crystals.		make systematic and careful observations and, where appropriate, take accurate measurements using standard units, using a range of equipment, including thermometers and data loggers.
Metamorphic rocks are usually very hard and often shiny.		Gather, record, classify and present data in a variety of ways to help in answering questions.
Soils are made from tiny pieces of eroded rock,		Record findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables.
air and organic matter.		Report on findings from enquiries, including oral and written explanations, displays or presentations of results and conclusions.
		Use results to draw simple conclusions, make predictions for new values, suggest improvements and raise further questions.
		Identify differences, similarities or changes related to simple scientific ideas and processes.
		Use straightforward scientific evidence to answer questions or to support their findings.
Lesson 1	Properties of re	ocks
	To explo properti	ore, sort and classify different types of rock and investigate their es.
Lesson 2	Physical properties	
	• To know that different properties makes rocks suitable for different uses.	
Lesson 3	Fossil formation	
	To recall and describe each step of fossil formation.	
Lesson 4	How is soil made?	
	To reco	gnise that soils are made from rocks and organic matter.
Lesson 5	Soil types	
	• To unde	erstand the importance of soil and the three basic types.
Lesson 6	Investigation	
		stigate what happens when rocks are rubbed together or what changes then they are in water.
Vocabulary		
dissolve, erosion, fossil, mineral, mo		nould, pressure, rock, sediment, skeleton, crystalline, dull
hard, impermeab		neable, layer, permeable, property
	ro	ck, shiny, soft, suitability

Previous learning

In Year 2, the children learnt that objects can move. They learnt that objects that float are typically light or hollow and objects that sink are typically heavy or dense.

This project teaches children about contact and non-contact forces, including friction and magnetism. They investigate frictional and magnetic forces, and identify parts of a magnet and magnetic materials.

Substantive Knowledge in So	cience	Disciplinary knowledge in Science
Forces cause objects to move, change speed or change shape.		Ask relevant questions and use different types of scientific enquiries to answer them.
		Set up simple practical enquiries, comparative and fair tests.
Forces need contact between two objects, but magnetic forces can act at a distance.		Make systematic and careful observations and, where appropriate, take accurate measurements using standard units, using a range of equipment, including thermometers and data loggers.
Magnets have two poles (north and south).		Gather, record, classify and present data in a variety of ways to help in answering questions.
Magnets have invisible magnetic fields that can be seen using iron filings.		Record findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables.
		Report on findings from enquiries, including oral and written explanations, displays or presentations of results and conclusions.
		Use results to draw simple conclusions, make predictions for new values, suggest improvements and raise further questions.
		Identify differences, similarities or changes related to simple scientific ideas and processes.
		Use straightforward scientific evidence to answer questions or to support their findings.
Lesson 1	What is a force?	
	• To iden	tify magnetic materials and the pushing and pulling forces.
Lesson 2	Points of contact (contact force)	
		erstand that two 'bodies' need to touch each other for the force to occur ng predictions depending on which poles are facing).
Lesson 3	Frictional forces	
		erve the pushing force and the opposing frictional force on smooth and urfaces.
Lesson 4	Exploring force metres	
	• To mea	sure the forces needed to carry out everyday tasks.
Lesson 5		sure the forces needed to carry out everyday tasks. es (non-contact force)

To make increasingly coreful chear ations, identifying similarities, differences		
 To make increasingly careful observations, identifying similarities, differences and changes and making simple connections. 		
Vocabulary		
pushing force, poles, pulling force, magnetic force, attract		
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Year 3
Summer 1
Topic: Emperors and Empires
Science: Biology
Plant Nutrition and Reproduction

Previous learning

In Year 2, the children learnt that plants grow from seeds and bulbs. They learnt that plants need water, light and a suitable temperature to grow and stay healthy.

This project teaches children about the requirements of plants for growth and survival. They describe the parts of flowering plants and relate structure to function, including the roots and stem for transporting water, leaves for making food and the flower for reproduction.

Substantive Knowledge in Science		Disciplinary knowledge in Science
Plants require air, light, water and nutrients for life and grow.		Ask relevant questions and use different types of scientific enquiries to answer them.
		Set up simple practical enquiries, comparative and fair tests.
Water is transported in plants from the roots, through the stem and to the leaves, through tiny tubes called xylem.		Make systematic and careful observations and, where appropriate, take accurate measurements using standard units, using a range of equipment, including thermometers and data loggers.
The processes of a plant's life cycle include		Gather, record, classify and present data in a variety of ways to help in answering questions.
germination, flower production, pollination, seed formation and seed dispersal.		Record findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables.
The parts of a flower include the sepal, petal, stamen and carpel.		Report on findings from enquiries, including oral and written explanations, displays or presentations of results and conclusions.
		Use results to draw simple conclusions, make predictions for new values, suggest improvements and raise further questions.
		Identify differences, similarities or changes related to simple scientific ideas and processes.
		Use straightforward scientific evidence to answer questions or to support their findings.
To identi		ant parts - including plant requirements
		tify and describe the functions of different parts of flowering plants: tem/trunk, leaves and flowers.
Lesson 2 Focus on roots		5
	To invest	stigate the way in which water is transported within plants.

Focus on stems	
• To make increasingly careful observations, identifying similarities, differences and changes and making simple connections.	
Flower anatomy	
• To name the parts of a flower and describe their functions.	
Flowering plant life cycle	
• To explore the part that flowers play in the life cycle of flowering plants, including pollination, seed formation and seed dispersal.	
Pollination and seed dispersal	
• To know how pollen grains are transferred and how seeds are transported.	
Vocabulary	
ation, seed formation, seed dispersal, pollen, roots, stem/trunk, leaves and flowers	

Year 3 Summer 2 Topic: Emperors and Empires Science: Physics Light and Shadows	
Previous learning	
In Year 2, the children learnt that daylight varies the children shildren about light and dark for patterns in collected data. The risks associated	. They investigate the phenomena of reflections and shadows, looking
Substantive Knowledge in Science	Disciplinary knowledge in Science
A light source produces light. A reflector reflects	Ask relevant questions and use different types of scientific enquiries to answer them.
light.	Set up simple practical enquiries, comparative and fair tests.
Light sources and reflectors can be natural, such as the Sun and Moon, or artificial, such as a light bulb or bike reflector.	Make systematic and careful observations and, where appropriate, take accurate measurements using standard units, using a range of equipment, including thermometers and data loggers.
Protection from the Sun includes sun cream, sun hats, sunglasses and staying indoors or in	Gather, record, classify and present data in a variety of ways to help in answering questions.
the shade.	Record findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables.

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Ine shade.Ine shade.A shadow is made when an object blocks the
passage of light from a light source.Report on findings from enquiries, including oral and written explanations, displays or
presentations of results and conclusions.

	Use results to draw simple conclusions, make predictions for new values, suggest
	improvements and raise further questions.
	Identify differences, similarities or changes related to simple scientific ideas and processes.
	Use straightforward scientific evidence to answer questions or to support their findings.
Lesson 1	Exploring light
	 To recognise that they need light in order to see things and that dark is the absence of light.
Lesson 2	Identify and classify
	To identify and classify light sources and reflectors.
Lesson 3	Sun safety
	• To recognise that light from the sun can be dangerous and that there are ways to protect their eyes.
Lesson 4	Exploring shadows
	 To recognise that shadows are formed when the light from a light source is blocked by a solid object.
Lesson 5	Observing changes in shadows
Lesson 5	 Observing changes in shadows To compare the suitability of a range of everyday materials for particular uses, including wood, metal, plastic, glass, brick, rock, paper and cardboard.
Lesson 5 Lesson 6	• To compare the suitability of a range of everyday materials for particular uses,
	 To compare the suitability of a range of everyday materials for particular uses, including wood, metal, plastic, glass, brick, rock, paper and cardboard.
	To compare the suitability of a range of everyday materials for particular uses, including wood, metal, plastic, glass, brick, rock, paper and cardboard. Investigate
Lesson 6 dark, dull, light, non-reflective,	 To compare the suitability of a range of everyday materials for particular uses, including wood, metal, plastic, glass, brick, rock, paper and cardboard. Investigate To investigate what will happen to shadows during the day.